

What's in your toothpaste?

Monday, 19 April 2010 18:27 - Last Updated Monday, 05 July 2010 00:31

Toothpaste cleans our teeth, freshens our breath and fights cavities. But, what is it made of? Reading a tube of Crest won't give you the answers. All it tells you is what it can do for you and how much sodium fluoride it contains. Green Beaver offers a solution. Vegan skin care and oral care is still in its infant stages. You have to do a lot of searching to find truly vegan products. Green Beaver is a company dedicated to doing the searching for you. Here you will find everything you and your family needs for healthy vegan skin care and oral care solutions.

Although they don't have a physical store, their products are available throughout Canada at health stores. Alternately, you can order on-line directly through their secure on-line store. Plus, they offer a vegan toothpaste so you will know exactly what your toothpaste is made of.



The list of ingredients is clearly marked: plants & minerals, real flavours without any chemically engineered synthetic flavours (or dyes), natural antibacterial agents such as Xylitol (which occurs naturally in fruits and vegetables such as berries, apples and plums), lemon and tea tree extracts. According to [Health Canada](#) "studies have indicated that xylitol in particular may actually help to prevent tooth decay"

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The Green Beaver toothpaste also contains natural mineral whiteners such as Silica and calcium carbonate, and natural breath fresheners like aromatic and refreshing herbs. They add Calcium ascorbate, which contributes to the normal development and maintenance of teeth and gums. We all know that the most important part of healthy teeth and gums is proper cleaning. You can brush your teeth with water but that won't remove all of the plaque build up.

Aside from toothpaste, Green Beaver also offers a complete line of winter vegan skin care products. Canadian winters can be a bit harsh, so you might want to check them out. Live healthy. Live green!

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