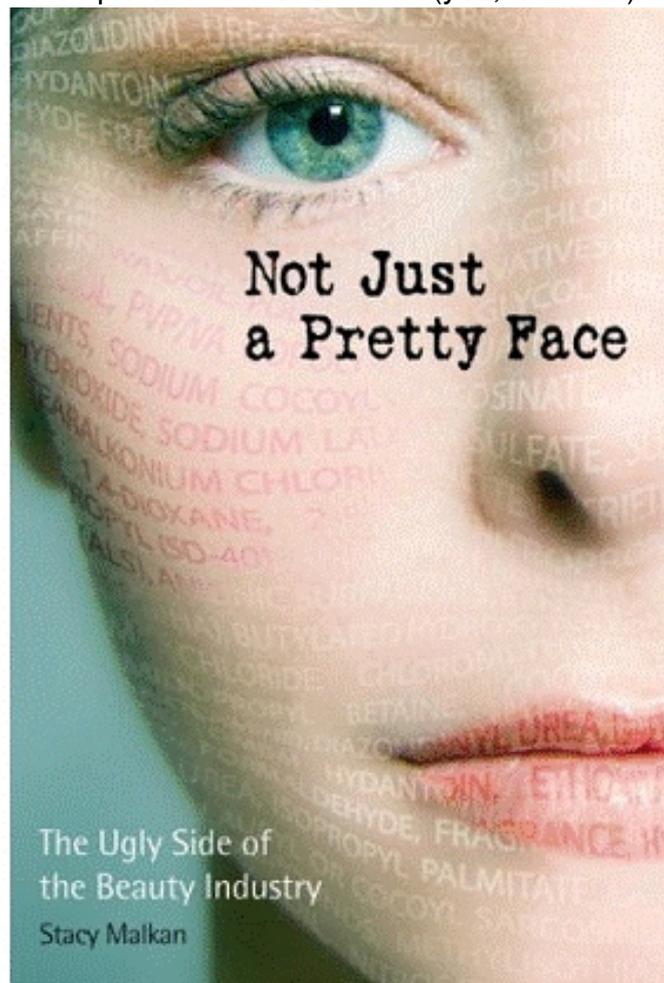


I was afraid when I picked up this book. I wasn't sure I was ready for the truth about my bad habits, especially in June when I am getting ready for a summer at the beach. But I knew I needed to learn the truth and this book delivers.

The first sentence of the prologue got me off to a good start as Stacy starts with, "**I confess: I've always been obsessed with cosmetics.**"

"I immediately knew I was in the right place. I found some of the statistics and stories hard to read, but Stacy's intent is not to scare or judge, but rather to inform and inspire us to make changes.

Inform and inspire it does. I read some passages to my daughter who is now starting to experiment with make up. We went a little further and looked at some before and after shots of models. My daughter is now only using make up that will not harm her (yes, it exists!) and isn't aiming for the unrealistic in body image.



The prologue ends with, “This is a story about creating the world we want to live in. It’s a story about champions...who are working toward a vision of a new green economy that is healthy for people and for the environment.” This quote sums up the book beautifully. Not Just a Pretty Face is about

- \* Harmful chemicals found in personal care products.
- \* Real people and their part in this vision of a new green economy,
- \* Organizations that are working hard for change,
- \* Beauty myths that we have bought into and the financial, emotional and physical ramifications of those choices,
- \* Companies that lead the ‘fight’ against cancer while selling products that may be contributing to the growing numbers,
- \* Companies that are pioneering a return to true beauty, and
- \* The triumph of some of the youngest activist working to change the industry.

This book is **educational, inspiring, and hopeful**. The last chapter gives us information about what we can do, from monumental tasks such as organizing with others, to small personal contributions such as **making better purchasing decisions**.

For more information [www.notjustaprettyface.org](http://www.notjustaprettyface.org)

If you haven’t read it yet, read it soon...

{linkr:related;keywords:cosmetics;exclude:119,48,59,152;limit:5;title:If+you+like+this%2C+try+these}