

Between the toilet, sink, bathtub and shower, the bathroom might just be the most water-unfriendly room in the house. Today is [World Water Day](#) , so here are some easy, conscientious and FREE ways of conserving water in the bathroom. We will follow up with two more water wise articles, one for the kitchen and one for the yard.



o “If it’s yellow let it mellow, if it’s brown flush it down” - Once just a humorous guideline, now a motto to live by... in your own home, anyway. Let your recycled toilet paper sit there for a while and flush only as needed.

o Finally, a good use for a plastic water bottle - If you don’t have a low-flow toilet, fill one with water and add to your toilet’s tank; this will help reduce the amount of water drained when the toilet is flushed.

o Put a bucket under the tap while you are waiting for your shower water to heat up; use collected water for your plants, to mop the floor, to cook your Mac and cheese, or anything else that comes to mind.

o Once you are in the shower, get out! Rather, don’t dilly-dally. Lather, rinse, repeat, and then

turn off the tap.

o If you opt for a bath, keep the water low and again, reuse; graywater systems are becoming increasingly popular, but you don't need expensive new plumbing to reuse your gray water – sprinkle your lawn, your garden, or use to flush the toilet.

o “Please don't flush sanitary products or paper towels down the toilet” – The sign posted in your mall's public bathroom applies to your home as well. Dispose of your household paper products in the garbage; this will help eliminate the overuse of gallons of water.

o Finally, for the love of whomever you pray to, do not keep the water running while you are brushing your teeth, washing your hands or shaving! So simple, so self-explanatory, so do it.

Incorporate one, two or all of them into your routine, because for all our good intentions, sometimes the most obvious things are the ones that get passed by.

Do you have any other ideas that we have missed? Add them to the comments.

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