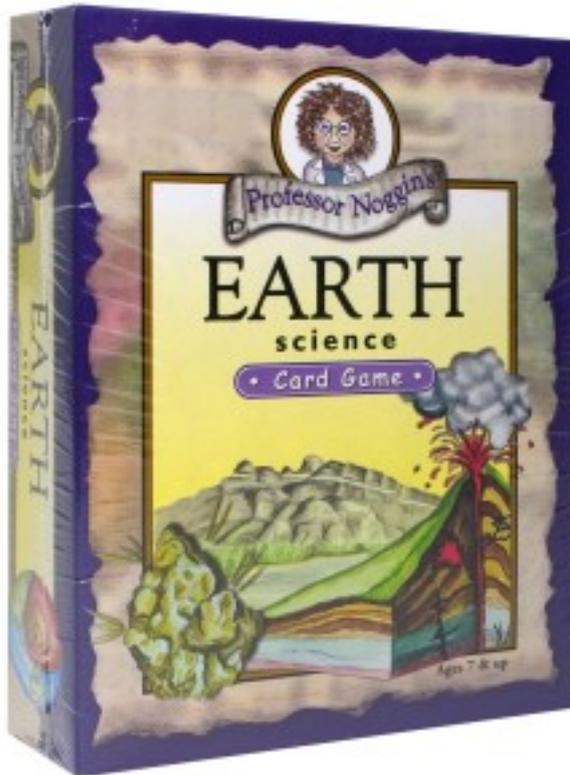


In an increasingly fast-paced world, sometimes the most important things are set aside. Commuting and multi-tasking have replaced playtime and family dinners. So why not pause – at least one night a week – and get your loved ones ‘round the table for a fun family game night. To get you started, here are some eco-friendly game ideas that are sure to please.



Toronto's [Grassroots](#) is a wealth of fun, original and informative games with an environmental twist, including several of Professor Noggin's Card Games. Based in Victoria, this educational company makes card games in French and English, covering a range of instructional topics such as science, history, geography, the human body and creatures of myth and legend. Although several of their products are available at Grassroots, further details can be found on their website, www.professornoggin.com.

At Grassroots, you will also find several board games with a communal, cooperative emphasis – you are playing together, not against one another. In *Community*, players work together to build a happy and complete village, with joys and hardships along the way. If successful, all players win. (2-6 players, ages 9+) In *Harvest Time*, a garden is planted then everyone takes turns harvesting. All must help each other to get the harvesting done before winter comes (two or more players - the more, the better – ages 3-7). Both games are handmade in Canada from recycled and natural products, and are forest-friendly.

“Time flies”... we hear it all the time. Why not slow down enough to catch it as it passes by. Make a date with the ones you love – and keep it!

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